

ClinFIT in Luxembourg: Towards a Universal Rehabilitation Assessment Across the Continuum of Care

Eleftheria Antoniadou (CHdN)

This presentation will introduce ClinFIT, the ICF-based Clinical Functioning Information Tool developed by ISPRM, and discuss its potential as a universal assessment instrument across rehabilitation settings. Drawing on the Luxembourg experience, it will explore opportunities for implementing a standardized approach to functional assessment in acute care, inpatient and outpatient rehabilitation, community services, and long-term care. The presentation will highlight how ClinFIT can facilitate interdisciplinary communication, support continuity of care, enable outcome measurement, and contribute to the development of a national rehabilitation dataset, ultimately promoting person-centred, integrated rehabilitation across the healthcare system.

Biosketch

Eleftheria ANTONIADOU, MD, PhD

MD, PhD, Senior Fellow of the European Board of Physical and Rehabilitation Medicine

CURRENT AND PAST POSITIONS

Dr. Eleftheria Antoniadou is a Senior Fellow of the European Board of Physical and Rehabilitation Medicine (sFEBPMR) and Medical Coordinator of the Geriatric Rehabilitation Clinic at the Centre Hospitalier du Nord, Luxembourg, where she led the successful accreditation of the country's first accredited geriatric rehabilitation program.

Her clinical and academic work focuses on geriatric rehabilitation, frailty, sarcopenia, fragility fractures, osteoporosis, healthy ageing, neurorehabilitation, and rehabilitation service development. She has extensive experience in Comprehensive Geriatric Assessment (CGA), the International Classification of Functioning, Disability and Health (ICF), and multidisciplinary rehabilitation models of care.

Dr. Antoniadou has played an active role in several international initiatives, including serving as Co-Chair of Work Package 6 of the European Joint Action ADVANTAGE on Frailty, contributing to the World Health Organization Package of Interventions for Rehabilitation (PIR) – Sarcopenia Module, and representing Luxembourg in the EU COST Action on Promoting Geriatric Medicine.

She is currently Chair of the ISPRM Special Interest Group on Geriatric Rehabilitation, a member of several ISPRM committees, and a member of the Executive Committee of the Luxembourg Society of Physical and Rehabilitation Medicine.

OTHER RELEVANT PROFESSIONAL ACTIVITIES AND ACCOMPLISHMENTS

Dr. Antoniadou has authored numerous peer-reviewed publications and book chapters and is an invited international speaker, having delivered keynote lectures and workshops at ISPRM, ESPRM, EuGMS, and other international scientific meetings. Her current research and educational interests include geriatric rehabilitation, implementation of integrated models of care, rehabilitation in people ageing with disabilities, osteoporosis and secondary fracture prevention, digital health, and artificial intelligence in rehabilitation.