Predicovid (children participants) - Permanent questionnaire

- 1. How many people live in the same household as you?
 - Number of adults (more than 18 years old)
 - Number of adolescents (between 14 and 18 years old)
 - Number of children (less than 13 years old)
- 2. What is your school year?

Primary school: [_*_] Cycle 3: (class 3-4) [_*_] Cycle 4: (class 5-6)

Secondary school: [_*_] Technical [_*_] Classical

Class: [_*_] 7 [_*_] 6 [_*_] 5 [_*_] 4 [_*_] 3 [_*_] 2 [_*_] 1

Physical activities

By physical activity we mean all activities that make your heart beat faster and make you feel short of breath. Sport is one of them, as is letting off steam with friends or walking to school.

Some examples of physical activity are running, fast walking, rollerblading, cycling, dancing, skateboarding, swimming, soccer, basketball, soccer, surfing, etc.

For the following questions, please calculate the total time you spend each day on such activities.

- 3. Did you practice intense physical activity during the 10 days preceding the first symptoms related to Covid-19? If yes which one?
- 4. By answering the following questions, please describe your usual practice of physical activity over the past year, that is, the one you usually did before the first symptoms related to Covid-19. How many hours did you spend on average per week:

| Physical activity | In winter | In summer |
|--------------------------------------------------------------------|-----------|-----------|
| To walking (including going to school, shopping, for your leisure) | h | h |
| To cycling (including to go to school, for your leisure) | h | h |
| To gardening and/or handiwork | h | h |
| To participate to household chores (cooking, cleaning,) | h | h |
| To sport (swimming, gymnastics, tennis, etc) | h | h |

- 5. On average, before the first symptoms related to Covid19, how many hours per day did you sit (at school, during meals, in front of a screen, to read etc.)?
- 6. During the past 7 days, on how many days did you do physical activity for at least 60 minutes?

| 0 day | 1 day | 2 days | 3 days | 4 days | 5 days | 6 days | 7 days |
|-------|-------|--------|--------|--------|--------|--------|--------|
| | | | | | | | |

7. During a typical week, how many days do you do physical activity for at least 60 minutes?

| 0 day | 1 day | 2 days | 3 days | 4 days | 5 days | 6 days | 7 days |
|-------|-------|--------|--------|--------|--------|--------|--------|
| | | | | | | | |

Food questionnaire

8. Before the first symptoms related to Covid19, how often did you usually consume the following foods or drinks, regardless of how they were stored (fresh, canned or frozen), when they were consumed (meal or non-meal) and where (home or away from home)?

| Foods | Almost never | Less than once a week | About once a week | 2 to 3 times a week | 4 to 6 times a week | Once a day or more. In this case, how many times or units per day |
|---------------------------------------------|-----------------|-----------------------|----------------------|------------------------|---------------------------|-------------------------------------------------------------------------|
| Fruits and vegetables | | | | | | /day |
| Breads, cereals, potatoes and legumes | | | | | | /day |
| Complete products | | | | | | /day |
| Milk & dairy products | | | | | | /day |
| Transformed meat and delicatessen | | | | | | /day |
| Meats, poultry, seafood, eggs | | | | | | /day |
| Added fat | | | | | | /day |
| Fat type | | | | | | |
| Sweet products | | | | | | /day |
| Soft drinks | | | | | | /day |
| Alcoholic beverages | | | | | | /day |
| Salt | | | | | | |

9. At what age did you first do the following things? Check only one box per line. If there's something you've never done, check the "never" box.

| 1 | Drink alcohol (more than a sip)) | Never | yes, I wasyears old |
|---|--------------------------------------|-------|---------------------|
| 2 | Be drunk | Never | yes, I wasyears old |
| 3 | Smoke a cigarette (more than a puff) | Never | yes, I wasyears old |

10. Tobacco

- Just before your diagnosis of COVID-19 infection, did you smoke tobacco?
 - Everyday
 - Less than once a day
 - Not at all
 - Don't know

If "Less than once a day"

• In the past, did you used to smoke tobacco every day? (Yes/No/Don't know)

If "Not at all"

- In the past, did you used to smoke:
 - Everyday
 - Less than once a day
 - Not at all
 - Don't know
- 11. How often do you currently consume alcoholic beverages such as beer or wine? Try to include even the times when you only drink a small amount. Check only one box per line

| | 1) | 2) | 3) | 4) | 5) |
|-----------------------|----------|---------------|----------------|--------------|-------|
| | Everyday | Every week | Every month | Almost never | Never |
| 1. Beer | | | | | |
| 2. Wine | | | | | |
| 3. Spirits / Liqueurs | | | | | |